



CHAPIN-IRMO RELAY FOR LIFE APRIL 21-22, 2006

SET-UP TIME ON FRIDAY: RVs must arrive between 4:00 and 4:30. All others may begin setup at 3:45. You can unload in the back/side area behind the school.

TEAM CHECK-IN & REGISTRATION: Registration begins at 3:45 and will continue until 6:45. Please go by the Welcome Tent for any questions about campsites, etc. Team Captains will need to plan to attend the Team Captains' Meeting which will be at the Welcome Tent at 5:30.

SURVIVOR REGISTRATION: ANY Cancer Survivor is welcome at our event. Registration for SURVIVORS begins at 5:30 pm at the Survivor Tent. SURVIVORS will receive a free T-Shirt and enjoy a reception provided by the Relay for Life Committee.

CLEAN-UP: Teams are responsible for keeping their areas neat. We will begin camp breakdown at 7:00 am on Saturday. PLEASE BE SURE TO BRING TRASH BAGS!

**If you have any questions, please contact anyone on our
2006 Event Committee**

Lynda Wales, Event Chair & Relay On-Site Committee Chair
803-359-9468

Tracie Warren, Team Committee Chair
803-364-3715

Candy McFarland, Recruitment Committee Chair & Online Chair
803-345-1654

Melanie McMahon, Accounting Chair
803-622-3309

This Talk RFL is a publication of your local American Cancer Society office.

If you would like to share information for our upcoming Newsletter, please contact Andre Shepard at 803-750-1693 or fax to 803-750-4000.

Also, in an effort to be good stewards of the American Cancer Society please let us know if you'd like to be removed from the mailing list.

2006 Committed Relay Teams

<p>AME Columbia Area Young People's Department American Cheer Xtreme (ACX) Ascension Lutheran Church Ballentine Elementary School Faculty & Staff Bethel Lutheran Church Buddies Helping Buddies—St. Francis of Assisi Episcopal Church Chapin Civic Team Chapin Elementary School Faculty & Staff Chapin High School Varsity Cheerleaders Chapin Middle School Faculty & Staff Chapin On Stage Performers (COPS) Chapin Ruritan Club Chapin United Methodist Church Chapin-Irmo RFL Committee Christus Victor Lutheran Church Church of Jesus Christ of Latter Day Saints-Dutch Fork Ward Church of Jesus Christ of Latter Day Saints-Irmo Ward</p>	<p>Crossroads Middle School Faculty & Staff Dutch Fork Middle School Faculty & Staff Ellett Brothers Energizer Bunnies First Community Bank Friends for Life Gateway Baptist Church General Information Services (GIS) Good News Bears-Ashland United Methodist Church Grace United Methodist Church Youth Hardees H.E. Corley Elementary School HHH Irmo Elementary School ITA Tae Kwon Do of Irmo Lake Murray Elementary School Faculty & Staff Lake Murray Presbyterian Church Leaphart Elementary School Leprechauns Lexington Medical Center-Chapin & Irmo Love Auto Team</p>	<p>Mothers Association of Chapin (MAC) Mt. Horeb Lutheran Church Mt. Olivet Lutheran Church Order of the Eastern Star—Turtles Our Lady of the Lake Pleasant Spring AME YPD'ers Prayer Pals-Union United Methodist River Springs Church Russell & Jeffcoat Realtors of Chapin SC Internal Medicine & Ascension Hospice SCE&G Seven Oaks Presbyterian Church St. Jacob's Lutheran Church St. Thomas Lutheran Church The Cool Girls The Hot Females White Rock Baptist Church</p> <p style="text-align: center;">SERVICE TEAMS</p> <p>Boy Scouts Troop 411 Chapin Woman's Club Girl Scout Troop 1172 Cadette/Senior Girl Scout Troop 967</p>
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FUNDRAISERS

All of our Teams have been busy with various Fundraisers over the past few months. Now they are focusing on their Fundraisers for the Relay itself. Here are some of the Fundraisers that our teams will be offering during the Relay. Of course, this is just a partial list. You can find out the full scoop and what our Teams are doing in the Program that will be distributed Relay night.

<p>Order of the Eastern Star Turtles—Bake Sale</p> <p>Our Lady of the Lake—Loaded Baked Potatoes for \$2.00 each</p> <p>Lake Murray Presbyterian Church—Hamburgers, Relay for Life M&Ms, Goodies, Breakfast, Visors, Marshmallow Guns</p> <p>The Church of Jesus Christ of Latter Day Saints-Irmo Ward—Bake Sale</p> <p>Mt. Olivet Lutheran Church—Koozies (to keep your drinks cool) for \$2.00 each</p> <p>Chapin Onstage Performs (COPS) - Pop-corn for \$1.00</p> <p>Christus Victor Lutheran Church—Bake Sale</p>	<p>The Church of Jesus Christ of Latter-day Saints-Dutch Fork Ward—Purple Wrapped Candies from 10-25 cents</p> <p>SC Internal Medicine & Ascension Hospice—Raffle (various gift certificates) for a \$5.00 donation</p> <p>River Springs Church—Paperbook Books for \$1.00 and Earrings for \$5.00. They will also be serving a Lowcountry Combo that includes Beaufort Stew, Sweet Tea and Dessert for \$10.00.</p> <p>Hardees All Stars—Win a Coupon for a Thickburger, Win a Coupon for a Hand Scoop Milkshake—\$1.00 Donation. Free Coupons for Everyone</p>
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So don't forget your money! There will be plenty of great food and other goodies to shop for. Check your Program on Relay night for a complete list of Fundraisers and Team locations.

LUMINARY INSTRUCTIONS

- Luminaries are placed on the track and are lit just before the beginning of the Luminary Ceremony. Each person's name that appears on a luminary will be ready during the luminary service by the team that provided the luminary. After the teams have finished paying honor or memory to these persons they will come to center stage to light a candle in the Sign of Hope representing all of their luminary honorees or memorials. Our Luminary service, weather permitting, will begin at 10 pm. We will convene in our groups and pay our respects to the luminary honorees or memorials. Once your group has completed their list, you will send a representative from your group to light a candle at center stage. We will light from a single file line at the sign when all groups arrive in order that these candles will burn uniformly.
- Each luminary must appear on a luminary form. Names to be read during the Luminary Ceremony will be compiled from the Luminary forms (not the bags). Each team needs to have a master list or a photocopy of all their order forms to read from in their group. Please be sure to have donor put the phonetic spelling.
- Luminaries are a minimum \$10 donation but a donor can pay as much as they like for a luminary.
- Donors may decorate their own bags but if not, you are responsible for decorating the bags that you sell. If you want the Luminary team to prepare the bag, you must indicate on the form to have the luminary group prepare the bag. Decoration could be as simple as printing the "In Honor Of" or "In Memory Of" and the name of the person on the bag with a marker. Many people get very elaborate and put pictures on the bags, etc....Also, please write at the bottom of the bag (bottom meaning the part that will fold and rest on the ground) "Given by:" and then the person's name who purchased the bag and then "Team:" with the team name, if possible. Having the team name on the bottom helps us keep them in order so they can be placed on the track at the team it was purchased by.
- The Acknowledgement Card is a complementary card that can be given to the purchaser of the luminary. They can send this card to the survivor/family member letting them know that a luminary will be lit in their honor/family member's memory at the Relay. Please be sure and pre-fill in the place as Chapin High School, Chapin, SC and the date/time as Relay Day at 10:00pm.

In case of inclement weather, all Teams will need to give me the name of their representative that will be responsible for getting their luminaries set up if we are under rain conditions. I plan to have a letter for the Team Captains to pick up on Bank Day, Tuesday, April 18, 2006. There is still time to sell Luminaries so we can light up the site. All Luminaries should be given to your Team Captain so they can be delivered on Bank Day, April 18, 2006. We want to have as many bags in order by team as possible prior to setting them out. If you have any questions, please talk with your Team Captain or call me at 345-9823.

REMEMBER—LUMINARY SERVICE ON RELAY DAY AT 10:00PM.

Nancy Bollibon

SELL MORE LUMINARIES!!!

RELAY FOR LIFE SITE RULES

1. Teams consist of 8-15 members, one of whom should be on the track at all times. We will provide music throughout the event to encourage and inspire participants. Other activities and entertainment will be scheduled for Friday evening until Saturday morning.
2. **NO ALCOHOL!!!** No alcoholic beverages may be consumed during the event.
3. **NO SMOKING!!!** This is an American Cancer Society event. Those smoking will be asked to refrain from doing so while onsite.
4. **NO WHEELS** other than wheelchairs or baby strollers may be present on the track. Please refrain from bringing bikes, skateboards, scooters, rollerblades, etc.
5. Children are the responsibility of their parents. Youth groups in attendance are the responsibility of their sponsors or chaperones. Team Captains will be given bracelets for the youth to wear at the event.
6. Please camp in the area assigned to you. The sites will be assigned to registered teams.
7. There will be a registration/information area with designated volunteers. If any problems arise, please bring it to the immediate attention of one of the volunteers wearing the purple event staff shirts. Security will be available the entire time.
8. Teams are allowed to ask for donations for food/drinks/candy/novelty items at their site. Money collected will go towards that team's total. One representative from the team must man your "booth" at all times.
9. Park in the designated areas. **Cars/Trucks may not be on the field after 5:30 pm Friday. NO EXCEPTIONS!**
10. **No Dogs or Pets of Any Kind!!!** The School District does not allow any animals onsite. Please comply with this non-negotiable request.
11. No cars will be allowed to park on the field overnight. Please remember that we are on school property and ACS dollars will be required to replace the dents our cars make on the field.



History of Relay for Life

One person can make a difference. Nowhere is that more evident than with the story of the American Cancer Society Relay For Life, which began in Tacoma, Washington, as the City of Destiny Classic 24-Hour Run Against Cancer.

In the mid-1980s, Dr. Gordy Klatt, a Tacoma colorectal surgeon, wanted to enhance the income of his local American Cancer Society office. He decided to personally raise money for the fight by doing something he enjoyed—running marathons.

In May 1985, Dr. Klatt spent a grueling 24 hours circling the track at Baker Stadium at the University of Puget Sound in Tacoma for more than 83 miles. Throughout the night, friends paid \$25 to run or walk 30 minutes with him. He raised \$27,000 to fight cancer. That first year, nearly 300 of Dr. Klatt’s friends, family, and patients watched as he ran and walked the course.

While he circled the track those 24 hours, he thought about how others could take part. He envisioned a 24-hour team relay event that could raise more money to fight cancer. Months later he pulled together a small committee to plan the first team relay event know as the City of Destiny Classic 24-Hour Run Against Cancer.

In 1986, 19 teams took part in the first team relay event on the track at the colorful, historical Stadium Bowl and raised \$33,000. An indescribable spirit prevailed at the track and in the tents that dotted the infield.

ITEMS TO BRING ONSITE TO THE RELAY

- 1. Grill lighters to light luminaries around your campsite
- 2. Sunscreen
- 3. Bottled water
- 4. Cups, napkins, plates, utensils
- 5. Paper Towels
- 6. Roll of toilet paper
- 7. Food and snacks
- 8. Drinks, ice, cooler
- 9. Tent and decorations for your campsite
- 10. Bug spray
- 11. Lawn chairs
- 12. Blankets, sleeping bags, “pop tents”
- 13. A wagon to haul stuff to and from campsite
- 14. Flashlight or lantern (battery operated only)
- 15. Rain Jacket (HOPEFULLY you will NOT need it!!)
- 16. Warm clothes
- 17. Games, cards, etc...
- 18. Hats or sun visors
- 19. Camera
- 20. First Aid Kit with Band-aids
- 21. Cell phone list of team members and parents of team members
- 22. Money to support onsite fundraising!!!!

BE PREPARED!! PLEASE PASS THIS LIST



IMPORTANT POINTS TO REMEMBER!!

In Case of Inclement Weather

Check for Information at www.relaysc.org

Or

Call the ACS Office Until 5:00 at
750-1693

Or

Lynda Wales ' Cell Phone 609-8706
Tracie Warren ' s Cell Phone 260-0131

Team Captain ' s Meeting

Relay Day

April 21, 2006 at 5:30pm

Welcome Tent

Chapin High School

Bank Day

Tuesday, April 18, 2006

By Appointment and Walk-In

River Springs Church

Appointments from 11:30-6:45

Contact Melanie McMahan

Email mmcmahan@lhomes.org

749-5140 (8am-5pm)

622-3309 (after 5pm)

Bring In Luminaries Sold

RELAY PROGRAMS

Programs will be available the night of the Relay that will outline the Fundraisers available that night and will include a map of all Team Campsites, an Itinerary for the Evening as well as other valuable information about our Event.

Be Sure and Pick One Up!

INTERNATIONAL RELAY FOR LIFE

Our signature program is quickly spreading across the globe, with Relays operating or planned in Argentina, Australia, Belgium, Canada, France, Germany, Greece, Guatemala, Honduras, Ireland, Italy, Jamaica, Malaysia, Mexico, the Netherlands, New Zealand, the Philippines, Portugal, South Africa, Taiwan, the United Kingdom, and Venezuela. The International Relay program enables cancer leagues around the world to increase their visibility and generate cancer awareness, outreach, and income while building survivorship, volunteerism, and advocacy efforts in their communities. The Society works in partnership with the Union Internationale Contre le Cancer (UICC) to train and support leagues to launch sustainable community-based Relay For Life programs.



On Mar. 19 2006, the Fondation Luxembourgeoise Contre le Cancer launched their first Relay For Life (Relais Pour La Vie) - the largest Relay launch in western Europe. Held at the d'Coque Centre National Sportif et Culturel in Kirchberg, this was also the first indoor Relay outside of the US. Nearly 200 teams participated in this outstanding inaugural event, and the total number of attendees was estimated to be 5,000. Luxembourg is home to nine worldwide Embassies, and each Embassy organized a team and displayed an exhibit booth with cancer education and prevention material from their nation's primary cancer organization. The theme of the event was "solidarity" in the fight against cancer. Cancer organization representatives from Germany, France, Belgium, Denmark and the Netherlands also attended to learn the logistics of an indoor event. Currently, 23 countries outside of the US participate in Relay For Life.

In December 2003, the American Cancer Society, in cooperation with the Union Internationale Contre le Cancer (UICC), joined together with Sanofi Aventis Global Oncology to expand the Society's signature program, Relay For Life, into countries throughout western Europe. The goal for this three-year partnership is to work with European cancer leagues to leverage the Society Relay expertise and build cancer awareness and community events in multiple countries.

Cancer leagues begin their training for Relay For Life by coming to the United States for comprehensive classroom instruction to learn about the philosophy, standards, and logistics for planning and launching Relay events in their communities. These US trainings are held in conjunction with a local Relay For Life event in selected cities. International trainees experience the magic of Relay firsthand and are taught best practices by volunteers and staff who organize the local events. SEE a summary and photo of a recent international training in Miami, Florida.

Following the US-based trainings, cancer leagues receive in-country trainings to share experiences and ideas with other cancer control professionals in their region. In the summer of 2005, the Society and Cancer Research UK will conduct a training in the United Kingdom held in conjunction with a local Relay event.